BEST FRIENDS MAGAZINE

May 1992

All the good news about animals wildlife and the earth

In this issue:

- Women meet to heal planet
- Elton John's pet video
- Nessie, Sasquatch, and friends
- Soaps drop furs
- Cars for animal lovers

From the Editor

The end of April brings Earth Day and Earth Week, and World Day for Lab Animals, and lots of opportunities to do good for animals, wildlife and the earth.

Here at Best Friends, near the Grand Canyon, sweet and colorful spring blossoms are at their height. The snows have melted in this delicate high desert, uncovering once again the little shards of pottery which still lie on the sand right where the previous inhabitants left them six hundred or so years ago. Archeologists say there was a drought and the food ran out and the Anasazi people had to leave.

What will be the situation six hundred or so years from now?

Will all the earth's resources have run out centuries before then? What has to happen for our tiny planet to be more than just a failed attempt at life?

There are all sorts of things we can do, but doing is only half the answer. First there is something we have to know:

We have to know that all life is sacred, and all life is inter-connected.

Indeed we have to know that all life is One. One earth, one whole. Many species, many races, many nationalities, many differences. But one whole.

Great and small religions know this oneness as God. Earth scientists often speak of it as the Gaia principle, named after the ancient Greek earth mother. Astronomers look for Unifying Theories and Big Bang Singularities.

It doesn't matter how we interpret this wholeness. But it does matter that we know it, because simply knowing it changes our perspective. How can you treat anything that is basically part of you with anything less than compassion?

Helping a lost dog, being good to a person in need, recycling some paper that will save a tree, or just generally relating to everything around us with a measure of kindness - any of this will help protect our earth and give us a future. Any little kindness sends out "good vibes".

And when compassion is the order of the day, everybody wins.

Michael

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BEST FRIENDS MAGAZINE

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Thinking Globally . . .

Britain: All five chief executives of Quorn Hunt, Prince Charles' foxhunting club, resigned after a secretly filmed video showed members involved in gross cruelty to animals.

Spain: An international coalition of animal rights groups has finally persuaded the International Olympic Committee to drop bullfighting from the 1992 Olympics.

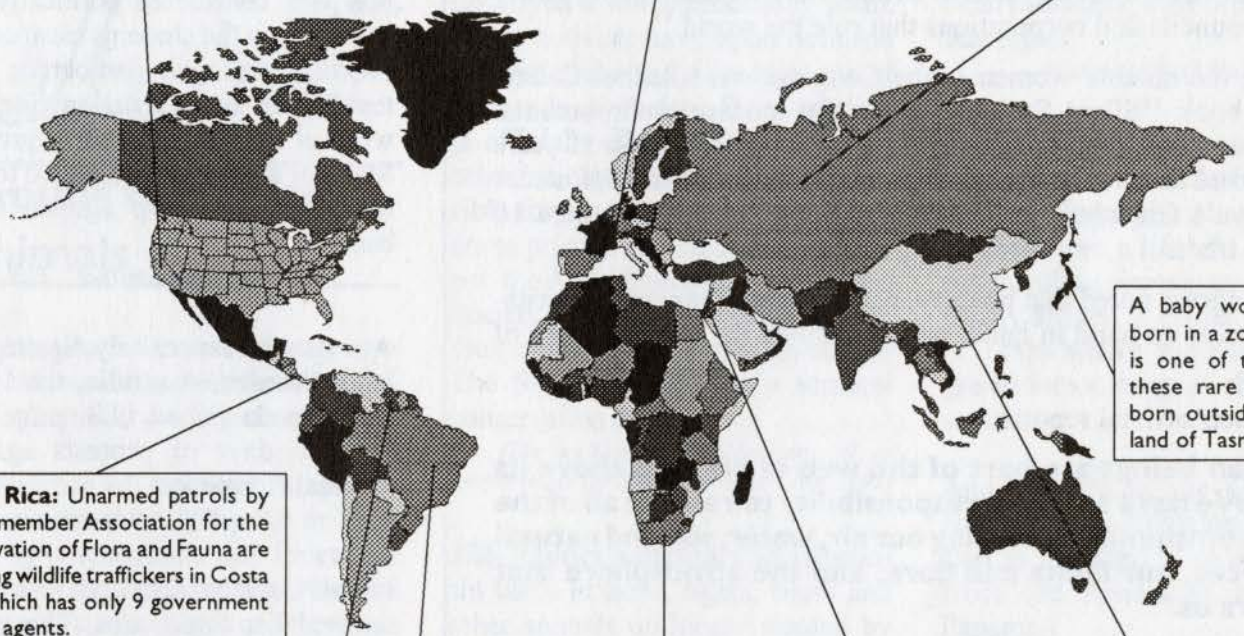
Yugoslavia: In the bloody civil war a battle started near the zoo in Osijek, but most of the animals were immediately moved to safety in Hungary or elsewhere.

The **European Parliament** is considering a 20-point resolution for "comprehensive national legislation on the protection of animals."

California: The gray whale, largest mammal ever, has tripled its population to 21,000. From the high bluffs of Point Reyes National Seashore whole classes of schoolchildren turn out to watch the annual migration.

Dead and dying lakes are being revived in **Europe** by an inventor who increases the amount of oxygen in lakes by placing special containers that have the vibratory frequency of oxygen encoded on information panels.

Russia: Anti-vivisectionist Black Crows and militant environmental Keepers of the Rainbow raided the Nizhegrodskaya Hospital and Moscow University labs and liberated animals. The raids are the first known actions of this kind there.



A baby wombat has been born in a zoo in **Japan**. This is one of the very few of these rare marsupials ever born outside of their native land of Tasmania.

Costa Rica: Unarmed patrols by the 70 member Association for the Preservation of Flora and Fauna are stopping wildlife traffickers in Costa Rica, which has only 9 government wildlife agents.

Guyana: After a wildlife smuggler was arrested at his private "zoo" in Grenada, over 200 rare birds were rescued through the Grenada SPCA and other groups. Airlines flew food purchased by animal defense groups to Grenada free of charge.

China has established 13 panda preserves and plans 14 more. Families and farms have been moved, at a cost of about $440,000.

The Wilderness School in **South Africa** is a school for children from all over the country who come to learn about the environment, plants and animals. 3,000 children visit every year, some from very underprivileged parts of the country, sponsored by companies and individuals.

Israel's Knesset is working on a very progressive law for animal protection. One provision is that whenever there is an alternative to animal experiments, it must be used.

Brazil has a new forest reserve the size of Portugal for the 23,000 Yanomani people in Amazona and Roraima. 71 smaller reserves were also created at the same time.

The Gorilla Project in **Ruanda** keeps watch on the last remaining 500 mountain gorillas and has convinced the local people to protect the gorillas' habitat.

Women of the World Meet to Heal Planet

The World Women's Congress for a Healthy Planet met in Miami, Florida last November. The following is adapted from an Overview by Michele Landsberg in the official report.

The Congress was attended by 1500 women from 83 countries and every spectrum of life, working against ecological and economic devastation, and recommending action for a healthy planet. There were African women who manufacture simple water pumps, and California women who save dolphins.

The Congress was inspired by ex-congresswoman Bella Abzug. She said: ''Women founded the environmental movement, are its backbone everywhere in the world, suffer most directly from environmental devastation, and yet have virtually no decision making power in the councils and corporations that rule the world.''

Among the notable women at the Congress were Rachel Carson whose book ''Silent Spring'' began the modern environmental movement; Marjorie Stoneman Douglas, now 101, who for 50 years has worked to save the Everglades; and Wangaari Maathai, founder of Kenya's Greenbelt Movement that has since 1977 planted 10 million trees.

The Congress noted that poverty, war and environmental devastation always go hand in hand, and prescribed the healing touch of women.

From their official report:

"Human beings are part of the web of life, not above its laws. We have a special responsibility to respect all of the earth community, including our air, water, soil and natural resources, our fauna and flora, and the atmosphere that shelters us."

and from the International Indigenous Women's Caucus:

"As indigenous people our lives are intertwined with the natural world. Our creation stories tell of our emergence in traditional homelands, which continue to nurture and give meaning to our lives. We are inseparable from the lands in which we as people were created...

The suffering and pain of Mother Earth is felt by us as if it were our own... We believe that all living things were given life by the Creator, and as such we are all co-equal beings sharing the gifts of our sacred Mother Earth."

More World News

Golubka (meaning dove), a feisty little group of activists in the former Soviet Union, has been working since 1984 to provide resources and workshops in ecological thinking and conflict resolution all over the region.

Student environmentalists were laying the groundwork for glasnost and perestroika way before President Gorbachev took over. The seeds of citizen activism were sown in the late 1950's by a group of biology students who organized some environmental actions. Those students failed, but student Druzhina (Nature Preserve Teams) were organized all over the Soviet Union. Nature preservation was considered politically acceptable, so the students escaped repression, and their democratic system helped create a nationwide network of strong independent groups. Many of these were mobilized to foil the attempted coup against Gorbachev.

(''Surviving Together'', Fall 1991)

Activists in France, Italy, Spain, Finland, Sweden, Australia, the U.K., and Canada joined U.S. protesters for two days of protests against L'Oreal Cosmetics.

(PETA News. Winter, 1992)

In the Curacao Zoo a mother bear rejected her three cubs. The zoo's veterinarian took the one surviving cub home to be suckled by his dog. The cub is doing fine. A new group, Friends of the Zoo, has as its first project to build a special maternity ward for the mama bear so that she can better care for future cubs.

(CNN)

Swissair and Northwest Airlines refused to fly beagles from the U.S. to a Swiss laboratory after pressure from Friends of Animals and the Minneapolis Animal Rights Coalition.

(Animals' Agenda. Jan.-Feb. 1992)

. . . Acting Locally

Groups that Help Animals

Here's news from some of the groups that are working worldwide on behalf of animals and the earth:

In Defense of Animals campaigns to end animal abuse by the military and by corporations like Proctor & Gamble. Their **University Alumni Campaign** encourages college grads to tell their alma mater that they will withhold all donations until the school stops dissection and vivisection.

When that catastrophic wild fire struck Oakland, California, **In Defense of Animals'** staff moved into the center of the crisis, with pet rescue hot lines and outreach efforts that reunited tearful families with their companion animals.

They brought in dog and cat food, bales of alfalfa, and fresh water for the lost and frightened wildlife and pets.

(Victories and Highlights. Defense of Animals 1991 Year in Review)

The Sea Shepherd Conservation Society goes out to sea on behalf of whales and dolphins and other ocean life. They keep an eye on nations like Norway, Japan, Denmark and Iceland who continue to kill whales. They confront big, and often armed, whaling ships. Sometimes they even take the law into their own hands against these scoff-laws, blockading and cutting drift nets, and once even destroyed a whale processing plant. These activists have upon occasion grabbed clubs and rifles right out of the hands of whalers. Since whaling is officially illegal in Norway, and other nations, they have been responsible for sending some illegal whalers to prison. The Japanese newspaper, the Asahi Shimbun, writes of the Society, ''Although we disagree with their motives, we respect the tactics. The Sea Shepherds are a samurai conservation society.''

(The Sea Shepherd Log, Summer, '91, as reported in the Aries Newsletter. Jan, 1992)

JES Exotics Sanctuary in Wisconsin takes in lions, tigers, bears and other animals no longer wanted by private parties, road-shows, circuses and the like. Nook, a lion-tiger cross, and Ieshia have a wonderful large new compound built by volunteers. JES is home to over 50 such big cats and others who will live out their lives now free from abuse or hunger.

(JES Exotics Newsletter. March, 1992)

This year's Great San Francisco **SPCA Cat and Dog Fair** occupied an entire pier on the city waterfront. Cats vied for longest whiskers, loudest purr, most colorful coat, and fluffiest tail! Dachshunds raced for the finish! 4000 people attended.

(Our Animals. Spring, 1992)

Defenders of Wildlife have now pretty much halted all aerial shooting of wolves in Alaska and closed all of Alaska to ''land and shoot'' trapping of wolves, wolverines and foxes.

(Defenders of Wildlife. Letter, Mar. 1992)

Sinapu (their name derives from the Native American Ute word for wolves) wants to restore the wolf to the Arapaho-Roosevelt National forest in northern Colorado, and has been pressuring the Forest Service to that effect.

(Colorado Wolf Tracks. Fall, 1991)

Primarily Primates rescues monkeys and apes from all over the world. Judie, for example, is a chimpanzee, rescued from a life of Latin American traveling circuses and zoos. Judie finally arrived at Primarily Primates in Texas where she has been integrated into a troop of chimps at the sanctuary.

And Cheetah is one of the many animals rescued from the Horse Track Zoo in Panama. The zoo suffered from the American invasion of Panama.

(Primarily Primates Newsletter, Jan/Feb '92)

The Performing Animal Welfare Society, PAWS, in Galt, CA, rescues animals no longer able to please the public. PAWS works tirelessly to better the conditions of animals used in show business, to improve the conditions of zoo animals around the country, and to stop the sale of ''surplus'' zoo animals to canned hunts, circuses, and show biz acts.

PAWS has a huge new compound

What One Person Can Do

People who think about helping a cause often say "...but what can one person do?" Here are some ideas!

Seven-year old **Jimmy Weasner** brought a **20 pound jar of pennies** to the San Francisco SPCA last year. This year he returned with even more pennies, retrieved from the streets. And animal lovers from all over the U.S. have been matching his gift, and folks all over the city have been giving him their spare pennies. This year's haul weighed in at 25 pounds coming to $44.71.

(Our Animals. Spring, 1992)

Ex-Hunter **Roger Gurner** is now urging hunters to **lay down their guns** in an ad in the sports sections of local newspapers. PETA has received many sympathetic responses from former hunters.

In the Village of Tannin on the Gulf Coast of Alabama, **the developer drove the bulldozer himself** to ensure that no trees were lost. One entire neighborhood was re-drafted to save a row of oak trees.

An employee of a very large property management company called PETA in tears saying the company had told its workers to get rid of nesting mud swallows and starlings in its buildings. On PETA's advice, and no doubt risking her job, **she contacted the U.S. Fish and Wildlife Service.** Mud swallows are protected by federal law. An investigator warned the company it would face federal fines of $250,000 if it destroyed any more mud swallow nests. The company stopped.

Lila Brooks is called **"The Coyote Lady"** in Southern California because of her successful efforts to stop leghold trapping of "nuisance" coyotes.

The drought there has forced wildlife into cities in search of water. So Lila Brooks convinced Los Angeles, Glendale, and Burbank to set up 10 water holes just for animals in the surrounding foothills. Animal control officers also relocated 45 thirsty animals a week in the San Fernando Valley in 1990. They included everything from bears to snakes.

(Animals' Agenda. Jan-Feb. 1992)

Five years ago, **Mariano Villaescusa** was one of the most respected bullfighters in Spain. But then he became sickened by the sport where bulls are first tortured and then killed in the ring. He now lives in Sydney, Australia and **campaigns to have the killing stopped.** He moved to Australia because he feared for his life.

(Woman's Day Magazine.)

Pig Pal Lisa Davilla of Beaverton, OR, wants to start a farm sanctuary where pigs can see the sunlight, roll in the mud, and root in a meadow, and where they will live a life of dignity. Lisa worked for years in commercial hog operations, but after reading a friend's copy of "The Animals' Voice" Magazine, she came up with the idea of a sanctuary for all her pig pals!

(The Animals' Voice. Winter, 1992)

for Pooh and Lennie, the Himalayan and European brown bears rescued from a defunct traveling animal show. The enclosure has a pool, logs, rocks, willow trees, berry bushes, honeysuckles and lots of grass. This bear heaven was made possible by a grant from the Summerlee Foundation which gives money for animal rescue.

(Sanctuary. Nov. 1991)

Psychologists for the Ethical Treatment of Animals is beginning to publish an academic journal. Kenneth J. Shapiro, Ph.D., the director, says we need to upgrade the moral status of animals.

(Animal Guardian. Fall, 1991)

Farm Sanctuary has a new vegetarian bed and breakfast inn at its sanctuary in the Finger Lakes region of New York State. Located in a picturesque country setting, the inn provides relaxation under shady trees, playing with the Sanctuary pigs and other Farm creatures, and tours of the Sanctuary.

Farm Sanctuary is the nations' only rescue, shelter, care and educational center dedicated to farm animals. The staff is involved in promoting a national "Meat Out" day, legislation regarding farm animals and rescue work for animals that are injured or ill.

"For GOD every species has value. To wipe out unnecessarily whole species of those creatures over whom we exercise stewardship is to betray that stewardship and to impoverish the experience of GOD. It is a crime against our Creator."

Professor John Cobb, a theologian at Claremont Graduate School.

Animals and Children

Earth Book for Kids: Activities to Heal the Planet is dedicated "to children everywhere who hold the future in their hands and who care deeply enough to take the first step toward making the world a better place in which to live." Written by Linda Schwarz and illustrated by Beverly Armstrong, it's a picture encyclopedia of facts and activities for any topic that you might want to explore in your classroom, scout troop, church youth group or just for fun.

Los Angeles Children's Museum Visit: Sparky, the cocker spaniel puppet, played host when we spent a week at the animal awareness program at the Los Angeles Children's Museum. And various live dogs and cats and birds and a hamster came along too, to introduce Best Friends Animal Sanctuary to hundreds of children, their families and their teachers.

Nathania Gartman, our humane education diredtor, went out from the main sanctuary and was joined by nearly a dozen volunteers from the L.A. branch of Best Friends. (Thanks to all for the really fine work.)

Kids could be heard all over the museum shouting "I petted the dog!" or "Did you see the hamster?" Some of them had never interacted so closely with animals, while others told us stories of their favorite pets.

Many of these animals were rescued by the Best Friends in Los Angeles, and children learned about how to relate to animals and take care of them.

Many thanks to the staff of the Los Angeles Children's Museum for their warm response and support.

The Angelife Gathering

Angelife is a growing network of people who join in prayer and meditation to support the cause of animals, wildlife and the earth.

Our weekly **Angelife Gathering** takes place every Wednesday evening here at Best Friends, and in people's homes across the country.

This circle of prayer and meditation is non-denominational and non-sectarian. While we will gladly send you a suggested format for prayers and meditation, we invite you to change it as necessary to be a part of your own religion, creed or culture.

What links our network together is the simple desire to bring spiritual support to the innocent creatures, the wildlife and the earth, and to all the people who are doing their best to take care of them.

In this way we can together build a powerful network of spiritual support for all who need this help.

We believe that anyone with a real love of the creatures and a concern for the welfare of the earth is in touch with the true spirit of Christ, whose angelic presence is made manifest in every act, word or thought of compassion, kindness, and love from any person at any time.

So we support people of every kind and creed who give of themselves to further the cause of the abused, neglected and dispossessed of this world.

We invite you to join with us in the spirit for this unique gathering - as we link together across time and space for a few minutes each week.

If you would like to be part of the Angelife Gathering, please fill in your name and address below, and return this page to us.

Name: _____

Address: _____

City / State / Zip: _____

Phone: _____

Thank Goodness

Animals Who Help People

Dog saves cat-loving neighbor. 79 year old Claire Fleming heard her dogs barking furiously one day. She went out, only to see her 69 year old neighbor had fallen through the ice in the nearby creek (while out looking for her cats). Dressed only in her bathrobe and slippers, Claire knelt down on the bank of the creek and held her friend's head above water until help arrived. Claire insists that she did nothing special, and that her dogs are the real heroes.

(CNN)

A bird in the mouth . . . E.T., the cat, (stands for Extra Toes), lives at an Adult Day Care Center in New Jersey, where he brings comfort and joy to the seniors. Just down the hall is a museum with a huge bird cage with little finches in trees. One day a finch got out and could not be found. Three days later, in comes E.T. through the back door of the Center and into the director's office with the bird in his mouth, completely unhurt with not a feather ruffled!

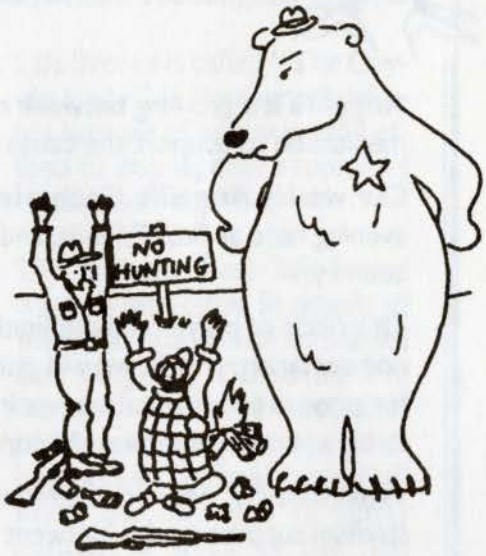
(Letter from Mary Margaret Mullen, advisor, Department of Health Services Adult Day Care Center.)

Welcome to the Board. Apple Computers has appointed Koko, the gorilla, who speaks American Sign Language, to the advisory board of their project studying the nature of intelligence. She will use a special version of the Macintosh to give her an audible voice.

(Animals' Agenda. Jan.-Feb. 1992)

One good turn deserves another. Indiana farmer William Foy adopted a stray cocker spaniel whom the family called Duke. Three days later Duke was in the house at some distance from the garage and began barking furiously. Foy's 10-year-old son rushed with Duke to the garage where Dad was about to be crushed by his tractor in a freak accident. The younger Foy pulled his father clear. The family doesn't think that Duke could even actually hear that anything was wrong at that distance, but just sensed that something bad had happened!

(Oprah Winfrey Show. February 26, 1992)



A three year old boy at the **University of California**, San Francisco Children's Medical Center refused to open his right eye after an operation on his left. None of the doctors, nurses, or child counsellors could persuade the youngster to try his right eye. Then in walks Pickles (with his owner, Steve) familiar faces on the pediatrics ward. Pickles immediately went over to the child and licked his face. The little boy opened his good eye to pet and play with her. ''It was a great moment,'' said Steve.

(Our Animals. Spring, 1992)

No Hunting

As you give, so shall you receive:

Glenn Gerwick shot and killed fellow hunter Donald Shaffer. He said he thought Shaffer was a turkey.

John Stephens of Nashville, Tenn, told sheriff's deputies he was shot by his estranged wife's boyfriend, but finally admitted that he had actually shot himself in a hunting accident.

(Animals' Agenda. Jan.-Feb. 1992)

In October a mule kicked Idaho governor Cecil Andrus in the face when Andrus tried to sling a dead elk over her. ''I guess she just didn't like the smell of all that blood,'' Andrus speculated.

(Animals' Agenda. Jan.-Feb. 1992)

And at the peak of the past deer season in Brunswick, Maine, a member of the National Rifle Association stood up at a forum on hunting and said that he is so sick of deer hunters invading his property that he has taken to confronting them armed. He urges others to do the same.

(Aries Newsletter. Jan, 1992)

Vonore, Tennessee, canceled two weekend deer hunts because mayor Mark Kennedy feared hunters would attack anti-hunt protesters who would then sue the town!

(Animals' Agenda. Jan.-Feb. 1992)

The Great Trail, Ohio, council of the Boy Scouts voted in October not to open their Camp Manatoc to hunters in spite of being promised $15,000 in access fees.

(Animals' Agenda. Jan.-Feb. 1992)

Edmond, Oklahoma, refused to authorize a bowhunt at Arcadia Lake for the second year in a row even though it was recommended by the state Department of Wildlife Conservation. No one voted for the hunt in a city council meeting.

(Animals' Agenda. Jan.-Feb. 1992)

The Non-hunters Rights Alliance is dedicated to protecting society against what it considers an unnecessary recreational activity.

Fur Free

Gone out of business:

S. Baum & Co. in Atlanta and C. LeClaire Fur of Montreal.

Filed for bankruptcy:

The Banyan Corporation, Almiro, Ted Petras, Michael Philip Fursof New York, Sidney's Furs of Philadelphia, Bergner & Co. of Milwaukee, and Mink Originals.

Department stores who closed their fur salons:

F.A.O. Schwartz in New York City, Famous-Barr Co. in St Louis.

Neiman Marcus and Macy's closed some of their fur salons. Jindo closed more stores.

Evans Inc., reputedly earning 10% of U.S. retail fur sales, announced losses of $4.2 million for the first half of 1991.

Furriers have gotten so rattled by the size and strength of the anti-fur movement that the Cleveland Fur Institute hired a big Public Relations company to try and stop the big local newspaper, the Plain Dealer, from printing letters attacking fur-wearing.

(The Animals' Voice. Winter, 1992)

A retail consultant says the fur industry is **in a state of collapse.** Mink coats often sell for half price. $2,000 coats go for less than a thousand. And a $15,000 coat barely sells for $9,000.

The only major customer for Canadian ranched mink lately has been the Canadian Agricultural Products Board which tried to shore up fur prices by spending $13 million buying mink pelts, 81% of the country's total production.

Fur imports were down 51% in the first quarter of 1991. Industry people say sales were down 25% for the whole year.

"I am praying for you that GOD's blessing may be with you in all that you are doing to create concern for the animals...they too are created by the same loving Hand which created us. ..it is our duty to protect them and to promote their well being. A person who shows cruelty to these creatures cannot be kind to other humans also."

Twylah Nitsch, a Clan Mother of the Seneca Wolf

Lynx comes to the U.S. This British-based anti-fur group started its U.S. campaign in November with billboards in New York and Los Angeles portraying just how unsavory and cruel the whole fur business is and giving an 800 number to call for more information.

Lynx held a fashion show at the London Hippodrome where young designers showed off their alternatives to fur. Many of Britain's top designers supported the show. Lynx plans a similar fashion show for the U.S.

An organization called **Working On The Life Force** took to the streets of Toronto with a Fur Free Float for the second year in a row in November.

The Animal Liberation Front freed a number of mink at Oregon State University's Experimental Fur Farm, and then struck at a fur coop in Edmonds, Washington, leaving timebombs that caused $400,000 damage. The group warned that they intend to escalate their defense of animals until the last mink and fox are running free.

(Aries Newsletter. Dec. 1991)

Good Medicine

Researcher quits. A member of Best Friends handing out literature at a supermarket in California was approached by a doctor who had been engaged in biomedical research for many years. He said he used to be able to buy a dog for his lab for $50, but because of those darned animal activists, a dog now costs over $1,000. He says the whole thing has become so expensive, that he just quit doing research altogether.

Fruit flies, worms, mice, and frogs, which have to be dissected in order to be studied, are being replaced in many labs by the Zebra fish. Their transparent bodies enable researchers to study life processes as they occur. The University of Oregon now maintains 10,000 zebra fish.

(Animals' Agenda. Jan.-Feb. 1992)

"The animal rights movement has hit customers in the heart, and manufacturers are responding to their concerns."

(from an article in The Scientist.)

400 chiropractors have joined PETA's campaign against vivisection in chiropractic.

North Carolina Network for Animals has announced the ending of

cat experiments by Walter Salinger at the University of North Carolina at Greensboro.

(Aries, March 1992)

The **Johns Hopkins Center for Alternatives to Animal Testing** received 110 applications in 1992 for money to do non-animal research, up from 64 last year. The Center originally funded 9 projects. Currently it funds 16 projects a year.

(Animals' Agenda. Jan.-Feb. 1992)

Ohio State University College of Veterinary Medicine no longer requires students to sacrifice healthy animals. They will have the opportunity of practicing on cadavers of animals or on animals which require surgery including spaying and neutering.

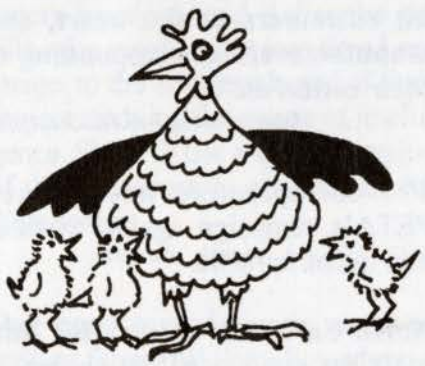
(Aries Newsletter. Dec. 1991)

The results of a survey in Britain showed that animal testing appals more people than any other environmental issue.

The response of the scientific community was to get people to sign a declaration supporting animal research. 950 people signed.

Meanwhile, the animal rights activists got 20,000 supporters to their rally in London's Trafalgar Square.

(National Anti-Vivisection Society Ltd. Campaigner. A/M/J, '91 as reported in the Aries Newsletter. Jan, 1992)



The World's Need

So many gods, so many creeds.
So many paths that wind and wind.
While just the art of being kind
Is all the sad world needs.

I am the voice of the voiceless;
Through me, the dumb shall speak;
Till the deaf world's ears be made to hear
The cry of the wordless weak.
From street, from cage and from kennel,
From jungle and stall, the wail
Of my tortured kin proclaim the sin
Of the mighty against the frail.

For love is the true religion,
And love is the law sublime;
And all that is wrought where love is not
Will die at the touch of time.
Oh, shame on the mothers of mortals
Who have not stopped to teach
Of the sorrow that lies in dear, dumb eyes,
The sorrow that has no speech.

The same Power that formed the sparrow
That fashioned man, the King;
the GOD of the whole gave a living soul
To furred and feather thing.
And I am my brother's keeper.
And I will fight his fight;
And speak the word for beast and bird
Till the world shall set things right.

Ella Wheeler Wilcox: The Voice of the Voiceless
as quoted in The Friendly Vegetarian, Winter 1992

Animals and Celebrities

Rock super-star **Elton John** has produced a video with LYNX contrasting the beauty of furry animals in the wild with their lot when faced with the fur industry.

Oakland A's manager **Tony La Russa**, **Kevin Nealon**, **John Cleese**, and actors from "Dances with Wolves" all showed up at an American Express shareholders meeting to remind the AmEx board that thousands of members have already been lost because the company still offers furs in its catalog. The visit was sponsored by PETA and Concerned Citizens for Animal Rights and Ethics.

Author **Michael Blake** cut his card up too, and then wrote letters to Rob Reiner, Wayne Gretzky, Jessica Tandy, and other celebs who have appeared in AmEx ads.

South African champion runner **Zola Budd** is a vegetarian. She has five dogs, three cats, eight turkeys, five geese, and fifteen chickens as pets.

(Animals' Agenda. Jan.-Feb. 1992)

John Robbins, author of "Diet for a New America," gave up a 170 million dollar empire, the Baskin-Robbins ice cream business. "I just didn't feel that inventing a 32nd flavor would be an adequate response (to the world's problems)," he said.

(Lifestyles of the Rich and Famous.)

Actress **Tippi Hedren** is famous for her part in Alfred Hitchcock movies. But her real love is the wild animal sanctuary she started about 20 years ago in California. It houses elephants, tigers, lions, mountain lions, birds of all kinds and others. Johnny the dog and Wazoo the lion have been friends ever since they were a pup and cub. They are inseparable. Animals have come in from circuses, from private homes, and from the wild. Daisy, the newest resident, is a mountain lion cub with neurological problems which make her unsteady on her feet. She is very tame and affectionate and will spend the rest of her life at the sanctuary. Tippi Hedren rarely acts any more, and then mostly to raise funds for her beloved creatures.

(CNN)

PETA member **Cassandra "Elvira" Peterson** turned down a $10,000 offer to appear on "Circus of the Stars." Putting her conscience before money, Peterson said it was wrong to treat wild animals in such a cruel way.

(PETA News. Winter, 1992)

Nancy Reagan's daughter **Patti Davis**, "Dances With Wolves" author **Michael Blake**, and rocker **Jane Wiedlin** demonstrated with PETA outside the taping of "Circus of the Stars". The demonstrators carried a banner reading' "No Fun For Animals" and leafleted busloads of school kids and studio personnel about the cruel realities of life for circus animals.

(PETA News. Winter, 1992)

Actor **Mark Harmon**, once voted the handsomest man in the world, went into a restaurant in Vancouver where he found a tank full of live fish. The latest craze is you pick your own fish to eat. Harmon bought a nice sea bass for $35 and a bucket from the cook for $5, and then took the little guy back down to the sea!

(The Tonight Show. February 28, 1992)

Sylvester Stallone plans another Rambo movie, but he admits that war and drug stories are now out. What's hot now, he says, is the environment and ecology.

(Live with Regis and Kathy Lee. Feb. 26, 1992)

Actress **Glen Close** went to Zaire in Africa when she was 13. The family moved to that country because Close's dad was a doctor who was to practice there for the next 16 years. She came away with an abiding passion for Africa and its wildlife and now helps save the endangered forest elephants of Africa.

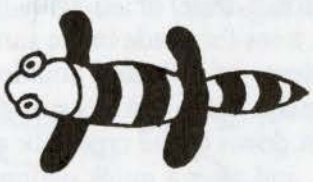
(Letter. WCI. March, 1992)

Kevin Nealon of "Saturday Night Live" and his wife Linda raised $8,500 for PAWS last fall with a comedy show to an enthusiastic crowd of over 700.

(Sanctuary. Nov. 1991)

Victoria Principle is campaigning to ban the notorious Draize Eye Test. She has lobbied the State Assembly in California, and has her own new line of cosmetics, with no animal testing of course.

(Animal Guardian. Fall, 1991)



News From Best Friends

✦ **Animals Rescued.** Dusty and Sophia and Houdini and Penelope and Matches and Cookie and Marty are just a few of the wonderful bundles of love who found new homes last month. Networks of Best Friends members in more and more cities are helping to match homeless pets with petless homes. And every time they make a good match, it's a big triumph all round. Thanks to all who find new homes, foster the pets temporarily, and do all the other work that makes this all such a success.

✦ Our Los Angeles branch is holding a big **Rummage Sale** in Beverly Hills in May. If you have something nice to donate, call the L.A. office at 818-907-4992.

✦ **The New Odd Couple**. One visitor who came on a private tour of Best Friends brought his blind son Michael with him. While visiting the dog area, Amra, a huge brown and white malamute, appointed himself as Michael's companion for the afternoon, doing his usual routine of butting his head between Michael's legs and walking alongside to be petted. Amra surely knows how to win friends and influence people: his father promptly joined the Adopt-a-Pet program with Amra as adoptee.

✦ **Best Friends Horses:** Sparkles, Big Enough, Jazz, Faithful, True, JiJi and Navajo are seven of the horses who, with Two Bits the pony and Goatee the goat-who-thinks-he's-a-horse, spend their time at Honeybee Springs. It's a huge fenced area that runs for a mile or so with grassy areas, trees for shade in the summer, and plenty of hills and boulders for horseplay. Now that it's spring they all trot down to the creek for a cool drink, and after a quick gallop back up the hill, they sun bathe or have a little stand-up nap under a shade tree.

Down the road a bit are Tico and Bucky, two horses who due to illness and age, require special care. They live with the three burros who came to us from the Grand Canyon relocation program.

Still further down the road live Stan and Ollie, two really ancient horses who are happily spending their 'golden years' at Best Friends.

Be kind to animals,

Be kind to trees,

Be kind to the earth
and everything on it,

Be kind to children
and one another,

... and God will be kind to you.

And that's a promise!

Signed,

All these wonderful guys and gals get lots of love and attention on a daily basis. Some of them have special needs and a few of them are still available for Adopt-a-Pet sponsorship. If you'd like to sponsor one of our larger guests here at the Sanctuary, or help out with their care in some way, just let us know!

✦ **Welcome.** Richard and Daphne Negus are well-known to the thousands of people involved in the world of serious pure-bred cat breeding and the cat shows. Daphne edited her own magazine, "Cat World," for twelve years and used to breed rare Korat cats. But she is devoted to discouraging amateur cat-owners from breeding theirs rather than spaying and neutering them.

For years, Richard was head of the Fund for Animals and a well-known radio personality in Arizona. He organized the spectacular helicopter rescue of wild burros from the Grand Canyon when the government had threatened to kill them. Richard and Daphne are moving to Kanab, Utah, to lend their expertise to the staff of Best Friends.

✦ **And welcome** to all of you who are selling and distributing Best Friends Magazine. Thanks for helping to get out all the best of the good news about animals, wildlife and the earth. Your work also helps to build a base of support for all the new branches of Best Friends that are opening in many cities. God bless you.

Letters

Dear Editor:

Last fall, inspired by Best Friends volunteer Francis Battista, a half dozen people from different walks of life came together for one fleeting moment to rescue two abandoned kitties from a wind-swept ocean jetty in San Pedro, California. I'm happy to report that the two kitties, Molly and Red, are now both happy and well adjusted, and this fall will be heading east with me to go to law school. The sad news is we're leaving behind some twenty other cats who weren't lucky enough to make it off the same rocks. I hope everyone reading this, no matter how many dogs or cats you're caring for now, will think about taking in one or two more.

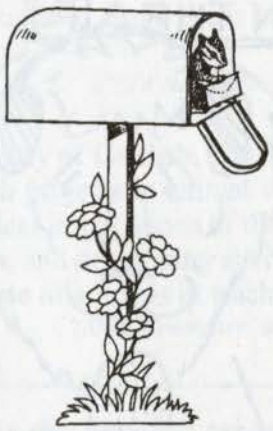
Greg Prentiss
Los Angeles, CA

Just a quick note to let you know that Cindi (a beautiful purebred German Shepherd who was adopted from Best Friends) is doing great. We named her Cindi, because like Cinderella, we hope she'll have a storybook ending and live with us "happily ever after."

Faith, I got Cindi to be a "therapy dog" to visit hospitals, etc., and she's already completed a basic obedience class. My other two dogs are already involved in a therapy program and at the rate Cindi is progressing, I hope to have her fully trained and certified by the end of the summer.

Cindi is definitely a lover, a cuddler, adores kids and demands petting and attention - truly the perfect temperament for a therapy dog.

Pam and Gordon



Letters to or about animals in our Adopt-a-Pet sponsorship program.

I was overjoyed when I received the picture of my new "adopt-a-pet" cat Mandy. I think my heart skipped a couple of beats. She is a duplicate of my cat at home: we found 'Barney' abandoned in Palm Desert, CA two years ago. I am so thrilled!

G.W.

Dear Chex, Thanks for the great map you sent me of your home. I had no idea how big and well designed it is! I'll bet you love all the room to run and play!

J.S.

Thanks so much for the cute photo of Melba. She's adorable ... My husband has taken to calling her "Toast"!

A.F.

"To a Very Special Person" came a Valentine for Sunshine from the fifth grade of Lewis E, Rowe Elementary School in Las Vegas.

Changing Attitudes

Animals and the Media

New Musical Fairytale: ''Ferngully'' is about a young logger who stumbles into a fairy world and then joins with the inhabitants to help them save the trees. Christian Slater and Samatha Mathis play forest sprites, Tim Curry an evil forest sprite and Robin Williams a loony bat. Peter Falman (of Crocodile Dundee) directs.

(Buzzworm, January 1992)

E-Town is a new program from National Public Radio with live music and ecological talk.

Soap operas ''**General Hospital**'' and ''**Days of Our Lives**'' have strict anti-fur policies and use only fake furs on the show. The fakes must even look fake so that people don't write complaining letters. ''**The Young and the Restless**'' got so many letters from offended viewers that it also switched to fake. ''**One Life to Live**'' says it has no policy against fur, but its current designer uses only fakes.

On ''**General Hospital**'' one of the characters is asked to invest in a new perfume. But when he hears the perfume was made using animal fat, he says ''no thanks'' and walks out.

(Soap Opera Digest)

''As the World Turns'' is a holdout, and is now the target of a letter-writing campaign organized by PETA.

PETA also got the story of General Motors' continuing use of test animals into the Detroit News. Then the AP picked up the story, as well as CNN, the New York Times, the Dallas Morning News, and others.

PETA reports that in the past year they've been featured on the three networks and CNN in such shows as ''Entertainment Tonight'', ''The Home Show'', ''The Ron Reagan Show'', ''Good Morning America'', ''Fox Morning News'', ''A Closer Look'', and countless broadcasts.

(PETA)

The syndicated TV show ''**Hard Copy**'' has hired Chris DeRose of Last Chance for Animals to produce segments on animal issues.

(Aries Newsletter. Jan, 1992)

ABC-TV's **''20/20''** show featuring the San Francisco SPCA last fall has also aired in London, and was in-flight programming on trans-Pacific airline trips. Calls and correspondence are still coming in from that show.

(Our Animals. Spring, 1992)

Not funny: A British comedy duo with a TV show recently thought that it would be very funny to portray putting a kitten in a microwave oven. Although it was just a joke, and the kitten wasn't real, the British public was outraged. The TV show almost went off the air, and many families demanded their TV taxes back!

(Tonight Show. Mar. 24, 1992)

New Laws

Obtaining an animal for slaughter or for vivisection under false pretenses is now illegal. Previous laws covered only animals who could be assigned a value as property.

(Animals' Agenda. Jan.-Feb. 1992)

The National Park Service now has the authority to bar trapping from any park where trapping was not expressly authorized in the legislation which created that park. This blocks the National Trappers Association from trapping in two parks along Lake Michigan.

(Animals' Agenda. Jan.-Feb. 1992)

"I am in favor of animal rights as well as human rights. That is the way of a whole human being."

Abraham Lincoln

Arkansas has an excellent new pet-shop law that stops the sale of sick or injured animals and requires proper vet care.

(Aries Newsletter. Jan. 1992)

A new California law calls for a complete bill of sale to accompany each horse transaction. This will help stop the theft of horses.

(Aries Newsletter. Feb, 1992)

Florida has improved its 1990 law regulating animal dealers and pet stores.

(Aries Newsletter. Jan 1992)

San Mateo County now has a law all dogs and cats over the age of six months must be fixed, with exceptions for licenced breeders, etc. Violators can be fined.

(Fund for Animals. Bulletin. Jan, 1992)

California's new **Humane Poultry** Slaughter Act requires painless slaughter of poultry.

(Animal Guardian. Fall, 1991)

Accolade: California Assemblyman Jack O'Connell is a real friend to animals. He wrote the guest editorial in the fall edition of "Animal Guardian," the newsletter of the Doris Day Animal League. Since he was elected in 1982, he has authored and supported many major pieces of animal welfare legislation.

(Animal Guardian. Fall, 1991)

Georgia has modified its wildlife law to provide more protection for bears.

(Aries Newsletter. Jan. 1992)

Kansas, a main center for puppy mills, has a new law to strengthen the animal health department in its regulation of breeding kennels.

(Aries Newsletter. Jan, 1992)

Minnesota has banned the practice of training greyhound racing dogs on "live lures," as they are called.

(Aries Newsletter. Jan, 1992)

Animals and Education

Encylopedia Britannica asked veterinarian and animal defender Dr. Michael Fox to write the entry on dogs. He included an antivivisection section. The encyclopedia was then deluged with letters from bioresearchers complaining the section was biased. But Dr Fox says that if Britannica changes the section without his permission, he will sue.

(Los Angeles Times. February, 1992)

In the schools, more and more students at all levels are refusing to participate in dissection in classrooms. To help with this the **Student Action Corps for Animals** has compiled a reference guide for students with alternatives such as computer models, books, kits and so forth.

George Washington University, and East Carolina University have eliminated practicing on live animals. Albany Medical College and the Univ. of New Mexico have made the labs optional. About one fourth of U.S. medical schools have eliminated animal labs and most of the rest have them optional.

(Physicians Committee of Responsible Medicine. Winter 1992)

A **University of Pennsylvania** junior handcuffed herself to a drawer in Biology 102 to protest a live rat dissection. An Ohio State veterinary student sued the university to provide alternatives to practicing surgery on healthy animals. Students from nine Louisiana high schools launched a campaign urging that the state pass legislation mandating alternatives to dissection. They also signed petitions stating their willingness to accept an "F" rather than dissect.

At **Washington State University** Veterinary College's Alternative Laboratory, the students learn surgical technique by practicing on cadavers and plastic bones. They also spay and neuter animals from the humane society.

During "**National Cut Out Dissection Month**" PETA's green ribbons, symbolizing the millions of frogs who have been dissected, adorned 150 high schools around the country. Students also went out and cleaned up local ponds to make them nicer for the frogs!

(PETA News. Winter, 1992)

University of Guelph, Ontario, has research projects in animal welfare, the ethical implications of the use of animals, and developing alternatives to the use of animals in teaching.

(Aries Newsletter. Jan, 1992)

"That the way we treat animals, not to mention rainforests, the atmosphere and the earth itself, functions as a critical index of moral spiritual maturity is not a recent insight. The origin of humane care for living creatures and the creation itself can be traced back to Genesis. And for Francis of Assisi as well as Albert Schweitzer, kindness to animals leads directly to human compassion and charity."

Dominican Father Richard Woods.

Animal Scholarship. North Carolina State University has announced the Clare Simmons Allan-Samson Memorial Scholarship, to be awarded every year to an academically outstanding student who has demonstrated his or her commitment to animal rights.

(Aries Newsletter. Jan, 1992)

Dr. Spock recently wrote in Redbook Magazine that children receive enormous benefits from having a companion animal. **"By learning, with a parent's guidance, to play gently with a pet, children can develop compassion."**

Wildlife and the Earth

Wildlife Report

The Forest Service in Utah has called a moratorium on the killing of **coyotes** in Dixie National Forest.

(KUTV. Salt Lake City. Jan. 16, 1992)

Peregrine falcons have colonized Denver on their own, and 9 peregrines released by biologists in Los Angeles have found mates with cousins from the Coast Range mountains.

(Animals' Agenda. Jan-Feb. 1992)

During the 1970s, **ospreys** nearly vanished from the mid-Atlantic coast. Nesting pairs fell from 800 to only 69 due to DDT and loss of nesting sites. With a ban on DDT and also artificial nesting platforms for the ospreys, their population was up to 200 nesting pairs in 1991.

(Animals' Agenda. Jan-Feb. 1992)

Colorado needs **moose**, and Utah needs **Bighorn sheep**, so in January female and young moose were airlifted and trucked to southern Colorado. Next year Colorado plans to reciprocate with an airlift of bighorn sheep which were hunted to extinction in Utah early in this century. Other moose will move to southern Utah to supplement a herd begun there three years ago.

(KUTV News. Salt Lake City. Jan. 29, 1992)

The Missouri **bluebird** population crashed due to habitat loss in the 1970s, but now has increased seven times since the state Dept of Conservation began encouraging folks to build nesting boxes.

(Animals' Agenda. Jan.-Feb. 1992)

The U.S. Army 18th Airborne Corps was grounded in mid-November when endangered **red-cockaded woodpeckers** were found living in the helicopter gunnery range at Fort Bragg, NC.

(Animals' Agenda. Jan.-Feb. 1992)

Another **California Condor** was hatched on March 23. There are only 55 of the big birds anywhere, two now in the wild.

(KUTV News. Mar. 24, 1992)

Sharks are now being seen as an important part of the ecosystem. The government is working on regulations to protect sharks from overfishing. Sharks will no longer be able to be caught for their fins alone, which are considered a delicacy in the orient.

(Aries Newsletter. Jan, 1992)

In the last fiscal year, state and federal agencies spent over a million dollars in recovery efforts for over 24 endangered species. Other species cost much more! The **Northern spotted owl**: $9.7 million; **Bell's vireo**, $9.2 million; **grizzly bear**, $5.9 million; **red-cockaded woodpecker**, $5.2 million, and the **Florida panther**, $4.1 million.

(Christian Science Monitor.)

The U.S. Fish and Wildlife Service has been working for years to save the **whooping crane**. Success is in sight, and the first release into the wild of captive-bred birds is scheduled for later this year.

(Bird Watcher's Digest. Nov./Dec. 1991)

When California officials decided not to provide endangered species protection for the **California Gnatcatcher**, they were overrruled by the U.S. Fish and Wildlife Service. The Gnatcatcher is a small songbird. Developers are already saying they will work with local governments to preserve areas of coastal sage which are its habitat.

(Wild Bird. Dec. 1991)

Animals and Ecology

The Pentagon has decided to cancel its only outstanding order for nuclear warheads. This means an indefinite freeze on the manufacture of the warheads. There is a suggestion that the millions in savings go to environmental clean-up of past nuclear tests.

(CNN. Jan. 25, 1992)

Twelve years after the 1980 eruption of **Mount St. Helens** in Oregon,

about 20% of the ash and lava covered slopes have regained plant growth.

(Animals' Agenda. Jan.-Feb. 1992)

February saw a **ski-a-thon** at a Utah ski resort where folks paid to ski various distances downhill. Proceeds went to the Nature Concervancy to buy land to keep as wilderness.

(KSL TV. Salt Lake City. Feb. 21, 1992)

According to one plant expert, trees actually monitor the atmosphere: the more carbon dioxide in the air, the more trees take in.

(Aries Newsletter. Jan, 1992)

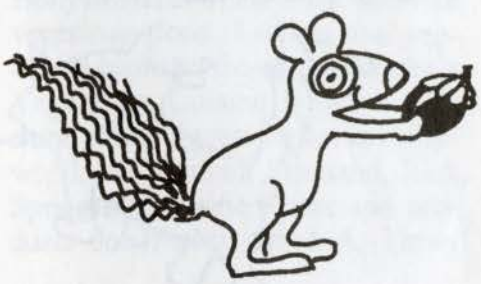
Good Housekeeping Magazine says: "Instead of hiring the usual clown or magician for a kiddies' party, how about inviting a park ranger or naturalist to entertain the children at the party by explaining nature's wonders?"

Good Housekeeping also tells their huge readership to avoid gifts that harm animals or deplete the earth's threatened resources. Avoid exotic wildlife, or items made from fur, ivory, and tropical hardwoods.

(Good Housekeeping. Dec. 1991)

Scientists have long been aware of "**rock roar**". Rocks deep in the earth make sounds, but at frequencies inaudible to the human ear. Now microsensors have made audible the creaking and cracking of a fragment of rock more than 3100 feet down. Geologist Rolf Emmermann has been studying these sounds. It's something like "Earth's primal scream," he says.

(Fate Magazine. Jan, 1992)



A huge movement is gathering to protest **nuclear testing in Nevada**. Featured on Earth Day in mid-April will be speakers such as Cesar Chavez of the United Farm Workers, disc jockey Casey Casem, actor Martin Sheen, Olzhas Suleimenov (leader of the movement to close the Soviet test site), and Raymond Yowell, Shoshone Native American leader. The action also will feature a five-day walk through the desert to the Nevada Test Site, 65 miles northwest of Las Vegas.

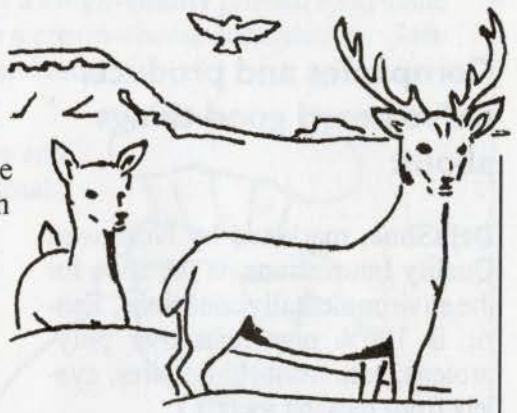
(Monkey Business. Newsletter of the 100th Monkey Project to Stop Nuclear Testing.)

"Preventing the extinction of our fellow creatures is neither frivolity nor foolish environmental excess; it is the means by which we keep intact the great storehouse of natural treasures that make the progress of medicine, agriculture and human life possible. Our heedless destruction is akin to burning that library without ever reading its book."

Rep. John Dingell of MI

Wildlife at Best Friends

This month: The Deer



Here at Angel Canyon, home of Best Friends, it's been a relatively mild winter. So the deer who usually pass through each Fall on their migration down to the warmer climes of the Grand Canyon, just stayed. Soon, assuming the summer is as hot as usual, they'll head back north to keep cool.

Several families of deer have been around all winter, becoming more friendly as we get to know them individually. They're usually out at dusk, their gentle faces staring from a safe distance.

Deer always represent gentleness in the myths and cultures of the world. And the Native American traditions have lots to say about their gentleness of spirit that heals wounded hearts.

One story is of Fawn the deer being called by the Great Spirit to come to the top of the Sacred Mountain. Fawn doesn't know about the horrible demon trying to stop anyone from getting close to the Great Spirit.

When she encounters the demon, she isn't scared. She just stares at him with her warm, compassionate eyes, and his hard heart begins to melt, until he shrinks down to the size of a walnut who can't stop anyone reaching the Great Spirit.

So it's the power of love that defeats hatred and evil and removes its power.

Better Business

Companies and products we've heard good things about:

DejaShoe, marketed by Northwest Quality Innovations, is the shoe for the environmentally conscious. Fabric is 100% post consumer polyprolene, sole from rubber tires, eyelets from recyled metals.

Antifreeze is toxic to animals, but its delicious sweet smell is attractive to dogs and cats. A new product substitutes propylene glycol for ethylene glycol. Called **S.A.F.E.** it can be purchased in Chief Auto Part Stores.

(AmNet for Animals Winter 1992)

PetsMart customers receive an informative sales brochure with articles on things like how to deal with grief, questions on vaccinations, how to find a good new home for your pet. The chain also does not sell dogs and cats, but provides mobile adoption for shelters near its 34 locations.

Animal Free-Trade, an animal rights store in Vancouver, is doing well enough to move to a larger space.

Mercedes-Benz's new "S-Class" cars are free of toxic materials. They contain only recyclable plastics, and the air-conditioning system and the foam in the seats and interior panels are free of CFC's. Paintwork will soon be all water based.

(Good Housekeeping. Dec. 1991)

The auto companies with the best safety records in the business all use dummies in their safety tests, and not animals.

Saab, **Audi**, **Volkswagen**, and **Volvo**, all highly rated on safety, also use dummies, not animals. **Toyota**, **Mazda**, **Nissan**, **Isuzu** and **Hyundai** have never used animals.

Ford now uses mechanical simulation and dummies and has not used animals in safety testing since the late 1970s.

Two people were fighting over a piece of land. To resolve their differences, they agreed to put the case before a rabbi. The rabbi listened but could not come to a decision because both seemed right. Finally the rabbi said, "Since I cannot decide to whom this land belongs, let us ask the land." He put his ear to the land and after a moment he straightened up. "My friends, the land says that it belongs to neither of you - but that you belong to it."

- The Talmud

A former researcher in GM's testing facility came forward to denounce the company's animal testing methods as "worthless".

The **Avon Company** supports the Johns Hopkins Center for Alternatives to Animal Testing.

The Body Shop, a British company, mixes environmentalism with the cosmetics business, and has done very well in the U.S. and in Europe.

(Aries Newsletter. Jan, 1992)

Good Housekeeping magazine has a **Green Watch** section. It includes interesting gift tips (like giving people a garden!), useful information on companies that are good for animals and the earth, how to get a free catalog of recycled products, how to get a tree planted in the rain forest, and what toys are good for kids and good for the earth.

San Francisco's posh department store, **Gump's**, did their annual animal adoption bash for the SPCA. Kitties had the run of big display windows, lounging in splendidly expensive furniture. Record crowds showed up, and SPCA volunteers were there to screen all those wanting to adopt a new pet.

(Our Animals. Spring, 1992)

United Airlines flew ten lions and two tigers that were left after the closure of a park in New Zealand to their new home at Wildlife Waystation in southern California.

Veggie Health

Paul and Linda McCartney say their energy-level is always high because of their vegetarian diet. Linda's specialty is meatless "meat" dishes like "roasts", "meat loaves," stews and hashes all made from textured vegetable protein, commercial vegetarian burgers and sausages. Linda says you can even use your old cookbooks. Just substitute textured vegetable protein if the recipe calls for ground beef. Or you can use veggie burgers or tofu burgers.

One of four hot entrees at evey campus meal at Cornell University is now vegetarian. Also the dining halls at Harvard offer vegetarian Gardenburgers. One dining room at Clark U in Worcester, MA, serves only vegetarian food.

(PETA News. Winter, 1992)

Tofu Dogs and other healthy foods have been a big hit at the Health Hut in San Francisco's Candlestick Park now for the third season in a row.

(Aries Newsletter. Jan, 1992)

Say that again?? Zoopharmacognosy is a new field in zoology that discovers new medicinal purposes for plants by watching the behavior of animals: chimps take the young leaves of a plant, aspilia, for stomach problems, bears rub medicinal oils on their fur, pregnant female elephants look for a plant that induces labor.

(Let's LIve)

Hollywood has a new craze: gourmet vegetarian food. Leading the vegetarian cooks-to-the-stars is Akasha's Vegetarian Cuisine which serves some of the biggest names in Hollywood, like Barbara Streisand, Rick Springfield, Carrie Fisher and producer Jon Peters. An L.A. Times food critic said of her food that it was as refreshing as "a meadow after a rain."

In response to requests from soldiers who served in the Persian Gulf war, the U.S. Army is developing vegetarian rations.

(Aries Newsletter. Dec. 1991)

"Our message is: respect for life in nature and in society, at every level of politics."
(Petra Kelley, founder of the German Green Party, in Ms.Magazine January 1992)

Compassionate Cooking

Scrambled Tofu with Mushrooms & Onions

Tofu is a favorite food in Japan. It's a high-quality protein food made from soy beans and is white with a cream-cheese consistency. Tofu is available in health food stores and most supermarkets.

Soy bean foods are very versatile and can be used in place of most animal foods.

1 lb Tofu (hard style)

1 green onion chopped

4 - 6 mushrooms sliced

2 Tbsp margarine

a dash of Turmeric

Salt and pepper to taste

- ✦ Saute onions and mushrooms in margarine
- ✦ Wrap tofu in clean dish towel or cheesecloth and squeeze out excess water, then crumble into a bowl, leaving some larger chunks.
- ✦ Add crumbled tofu to pan and stir-fry 3-4 min.
- ✦ Add Turmeric and other seasonings and cook 1 more min.

Serve on toast or southwest style with beans, tortillas and salsa.

- by Cyrus Mejia

On the Light Side

Nice Animal Stories

During massive flooding in California helicopters hovered as people stranded on the tops of their trailers in a RV court lifted their dogs up into the chopper before getting in themselves. Local humane societies sent out special boats to round up pets.

(CNN. Feb. 12, 1992)

Cory, the macaw at PETA's Aspin Hill Sanctuary, likes to whistle for the dogs who then come rushing up to stand in front of her aviary. The office staff is used to hearing a loud, "Telephone!" every time the phone rings.

(PETA News. Winter, 1992)

On a recent **"Sonya Live"** talk show on CNN, a girl recounted a typical Near Death Experience. She says she only "came back to life" when she thought of her dog, which her family had agreed to put to sleep if anything happened to her.

(CNN Feb. 19, 1992)

With an estimated dog population of 200,000, one for every ten inhabitants, Paris has the highest density of dogs of any European capital.

(The Economist, October, 1991)

✦ Men and women raised with cats are more socially responsible.

✦ People raised with pets are better able to interpret facial expressions.

✦ Dog walking makes one friendlier.

✦ When you stroke a dog or talk to an animal your blood pressure drops. And if you know the animal, your blood pressure drops even more significantly.

From Catology
by Madeline A. Jones

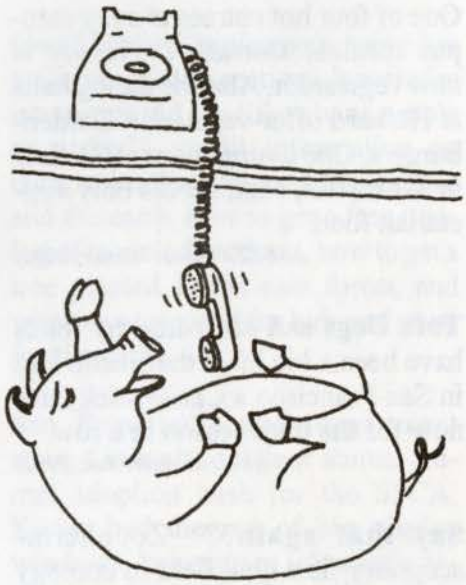
catsup - cat's evening meal
catnip - small drink for a cat, or a sharp bite
catkins - kittens born on a pussy willow
catapult - enormous slingshot
catalepsy - debilitating cat disease
catatonic - cat's medicinal pick-me-up
cataclysm - Q and A of cat's religion *(isn't that a catechism? ed.)*
caterpillar - supporting column on cat's mansion
cataract - where cat hangs his coat and hat
catacombs - cat's personal grooming aids
catalyst - memorandum of things to do

"Everything is alive, everything is of the earth. Nothing is inanimate. Humankind has a certain arrogance that is so funny. When we were children we knew. We'd walk along the beach and pick up stones because they were talking to us."

Body, Mind & Spirit, Jan '92

Hogging the phone? When the 911 operator took the call, all she could hear was squealing and crashing on the line. She could not get the party concerned to tell her the address, but the system found it automatically. A rescue crew hurried to the scene where all was now silent. They broke in the locked door and found the phone dangling off the hook, some overturned furniture and a baby pet pig, very delighted with itself.

(Nightside. NBC)



Hooch, the Chow Chow, recently began choking on a bone she had swallowed. Mrs. Perez called the LA County 911 and was instructed on how to do the Heimlich Maneuver on the dog. Up came the bone!.

(CNN)

When a Hollywood real estate agent overheard the gossip that **Burt Reynolds** was homeless and was sharing a house with friends, he lost no time in sending Burt details of the luxury houses he had for sale. But he was wasting his time. The homeless Burt Reynolds turned out to be a cat not the actor.

Tips on Cats

✦ If you want to keep your cat away from an area of your garden, try keeping a coiled hose there. Cats tend to be wary of snakes and will keep out of the way of a snake-like hose.

✦ If you want to stop your cats digging up the soil in houseplants, put kitchen foil or wire mesh around the top.

✦ If your cat gets a minor cut, be careful of antiseptics, many of which are toxic to cats. Use a solution of one teaspoonful of salt in one pint of water to bathe the wound. If the wound is on a paw, immerse it in a jug of salt solution.

✦ Cats often blink at each other to show friendly intentions. It's believed that if you blink at your cat and it blinks back, it is the feline equivalent of giving you a kiss.

✦ Most cats cannot digest sugar properly, and as they have few or no taste buds receptive to sweets, there's no reason to give sugar to them.

✦ Cats snooze approximately 16 hours a day. Hence, the "cat nap." But even when sleeping deeply, a cat's brain is tuned in to sounds and possible danger.

✦ We don't know all the functions served by cats' whiskers, but if they are cut, the cat may go off-balance.

Animals who go bump in the night?

You've heard of **Nessie**, the Loch Ness Monster and the Yeti, or Abominable Snowman, but these are just two of the strange and mythic creatures who have been spotted by people.

Like Nessie, there's also **Chessie**, who has been sighted in the Chesapeake Bay, and is protected from being shot at if seen again. And there's the **Sasquatch**, a half-human who's been sighted in the northwestern U.S.

Mark Chorvinsky of Fate Magazine reports that another sasquatch may live near Delmar, Delaware, where many housewives say they have caught sight of him/her just outside the kitchen door. And Mollie Johnson of Coolidge, GA, saw an eight-foot-tall hairy something just outside her house which walked upright on two legs. It had broad-shoulders and long arms and to top it off, was covered in white hair. Mollie swears that it had long, black fingernails and its teeth were bigger than human ones.

In November 1930 the New York Times reported that the carcass of a giant lizard-like creature with fur had been found on a glacier on Alaska's remote Glacier Island. A forest service official went out to investigate and found an animal shaped unlike anything else anywhere, with a long tail and tapering head, like a dinosaur. The bizarre creature was 24 foot long, with a 14-foot tail that started at the rib section. Its weight when alive was estimated at 1,000 pounds.

35 tons of something was found on the beach in Tecoluta, Mexico, in 1969. It had a serpent-like body, hard jointed armor, and a 10-foot one ton bone tusk protruding from its head.

And in 1922 something really big washed up on shore in Natal, South Africa. It was 47 feet long, 10 feet wide, and 5 feet high. At one end it had a trunk-like appendage 5 feet long, and was covered in snow-white hair.

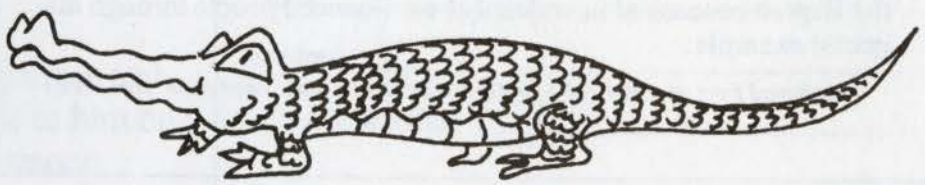
(Mark Chorvinsky. "Our Strange World". "The Bird of Death," Fate Magazine. Oct., Nov., Dec. 1991)

"I am praying for you that GOD's blessing may be with you in all that you are doing to create concern for the animals...they too are created by the same loving Hand which created us. ... it is our duty to protect them and to promote their well being. A person who shows cruelty to these creatures cannot be kind to other humans also."

Excerpt from a letter from Mother Teresa to the International Network for Religion and Animals

"The friend of nature is the man who feels himself inwardly united with everything that lives in nature, who shares the fate of all creatures, helps them when he can in their pain and need, and as far as possible avoids injuring or taking life."

Albert Schweitzer



The American St. Francis

Johnny Appleseed is generally believed to have been a poverty-stricken eccentric vegetarian who was a determined saint of the wild frontier. A Disney movie glorifies him, as do several books and plays, an opera, and countless myths and legends.

The best serious study about him was written by Robert Price in 1954:

His real name was John Chapman and he was indeed a vegetarian, checking even that the bees had enough honey to winter safely before taking any honey.

Chapman was not, however, poor. He did live simply, maintaining no permanent home, dressing in other people's cast-offs, and having few possessions. But he owned 500 acres of land which served as a nursery for his orchard stock, and a horse whom he had rescued from misuse. It was said that he often bought or traded for such animals. If they could be restored to usefulness, he put them with kind people. Otherwise he arranged for their care. But selling animals was against his principles, and he was often quoted admonishing people against taking any life for any reason.

Chapman did countless kindnesses to people too. He gave trees to people who needed them but could not pay. He gave money to many people who were in need, and at least once he literally gave away the shoes off his feet. Native Americans regarded Chapman as a great medicine man and he moved among them in perfect safety.

There are many stories about his rapport with wild animals.

One describes his being discovered playing with three bear cubs while their mother watched.

Another says that for a time Chapman was accompanied by a wolf he rescued from a trap and doctored back to health.

It's said that Chapman put out his cooking fire because it attracted mosquitoes and killed them.

And also that he once carefully helped a wasp or yellow jacket escape from his clothing while suffering multiple stings. When asked why he did not kill the insect he said, "It meant no harm; it was only obeying its instincts."

Chapman grew up among the Quakers, and in Ohio and Indiana where he spent the most time, he is compared to St. Francis and John the Baptist because of how deeply he influenced people through his gentle example.

(adapted from an article by Joan Gilbert in The Friendly Vegetarian Fall 1991)

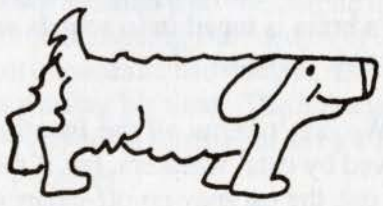
Spaying and Neutering

Spay Neuter USA from Trumbull, Ct. is a new national network that links veterinarians and volunteers together in a low cost spay/neuter program to reduce the number of unwanted pets. Founded by Esther Mechler in 1991, the network is now in 48 states and includes 250 volunteers . Veterinarians in the network participate by invitation only and have excellent surgery and public service records. If you want to know more you can call their 800 number 1-800-248-SPAY and be linked with a low cost spay/neuter clinic or veterinarian in your area.

Congress has proclaimed April national **"Prevent a Litter" month**. The Humane Society of the United States is encouraging pet owners to have their cats and dogs spayed and neutered. Cat Fancy notes that concerned cat owners can play an even bigger role in solving the problem by educating their friends and the people in their community about the fate of many unwanted pets and about the benefits of spaying and neutering.

(Cat Fancy. Apr 1992)

Spay/Neuter and the Pet Overpopulation problem have been at the top of the news lately. The Los Angeles SPCA was featured on the Today show recently, and various groups like The Fund for Animals, the International Society for Animal Rights, PETA,the Humane Society of the United States and The Association of Veterinarians for Animal Rights have made this a topic of this year's focus.



Sacred Cows and Others...

• In Hawaii Buddhist monks gathered to hold a funeral service for a beached whale, complete with chanting, incense and flowers.

• Sufi saying: "If you want to lie in heaven for all times to come, then behave in a spirit of compassion and sympathy with the entire creation of God."

• The Tanimuca Indians view the forms of nature as "the external manifestation of an entity which can be described as thought, essence, or energy." They feel that the amount of thought is limited and therefore must be recycled among different species.

• The lion is sacred in much of Africa, as is the cow for the Hindu people of India. Many scholars say that the origin of the Jewish and Islamic prohibition against eating the pig is that it was once the sacred animal of the Middle East. By many standards, dogs and cats could be called the sacred animals of most western peoples!

• Mormon leaders have condemned hunting and any cruelty toward animals. LDS President Cannon stated about hunting: "To inflict pain or death unnecessarily upon any of the creation is not a commendable pursuit."

• "The value of natural things is not found in Man's view of himself but in the goodness of God who made all things good and precious in his sight ..." Anglican Archbishop Robert Runcie.

• "He who takes pity even on a sparrow and spares its life, God will be merciful to him on the Day of Judgment," said Mohammed.

Rok and Rozlyn Raven, our mythic pair of busybody ravens who scan the earth for good news, invite you to read Best Friends Magazine every month.

It's $20 for a full year's subscription, half of which goes directly to help care for the abused and neglected animals who come to Best Friends Animal Sanctuary.

If you'd like to make a slightly larger commitment, you can send $45 (or $5 every month) and be a full member of Best Friends. We'll send you the magazine every month and you'll have the satisfaction of knowing that you belong to a wonderful circle of people who truly care about animals.

Yes! JANA Tell Rok and Rozlyn Raven to fly my way every month with all the good news about animals, wildlife and the earth.

- ☐ Here's $20 for a year's subscription.
- ☐ Here's my $45 (or $5 a month) for a year's membership including the magazine.
- ☐ Send me information on your Adopt-a-Pet program.

Name: _____

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. . . And They All Live Happily Ever After

"Hi, I'm Two Bits, the Shetland Pony here at Best Friends. I used to live at a dude ranch, but I wasn't very good at my job there, which was entertaining the children. So I was sold for two bits - twenty-five cents! I didn't do very well after that either, but eventually I was brought to Best Friends, and that's when my life really changed. Now I live and play with the other horses here and I have lots of people admirers too.

So that's my story. It started out a bit sad, but thanks to the wonderful people like you, who help to support Best Friends by buying this magazine, I get to live happily ever after. God bless you."

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